



BCHS BALLINA COAST HIGH SCHOOL

innovation excellence diversity



**COURAGE DOESN'T ALWAYS
ROAR. SOMETIMES COURAGE
IS THE QUIET VOICE AT THE
END OF THE DAY SAYING,
'I WILL TRY AGAIN TOMORROW.'
—MARY ANNE RADMACHER**

THANK YOU FOR TRYING AGAIN TOMORROW

Thank you to our courageous staff, students, parents, carers and to our community at large. Over the past weeks we have learned how to look after each other, shown flexibility, compassion, empathy and focus. We have acted to support each other and of this, we can be immensely proud.

Our young people are growing up in turbulent times and they have faced hurdles with an education that we never imagined could happen. At the end of the day, they are growing into remarkable young people. Education is not what happens in a school environment...it is what happens every day in a family, a home, an interaction at the shops, a sporting field, or a skate park. Education is when you are learning things about yourself and others. The breadth and depth of education are infinite and circumstances continue to demonstrate this. ***We want our young people to be courageous in the face of adversity, resilient when things don't follow the plan, and happy in the small magic and joy of life.*** We live in an amazing place and we get to attend school and hang with others. We access education in its many shapes and forms and we know that we can be who we want to be if supported.

As I pass the empty streets, the hollow playgrounds, and the doors closed on businesses, my heart aches for the worry and the anxiety that must be behind many windows and doors. We are thinking of you. To our essential services out there-the doctors, nurses, aged care workers, police, supermarket, chemists, take-way food shops, the family support services, etc...thank you for trying "again tomorrow". I hope Term 4 shifts a bit in favour of your world.

Kind Regards,
Janeen Silcock

CAMP GOODENOUGH

Last term, our Year 7 class went on school camp to Camp Goodenough. This was an amazing experience for our group and was loads of fun. It was the perfect way for our group to get to know each other and make new friends.

On the morning of camp, we eagerly arrived at school, with bags packed to the brim, we were ready to go. One by one we jumped on the bus ready for our camp adventure.

We arrived at camp full of excitement for the days ahead! We participated in several activities, including leap of faith, team pursuits, crate stacking, high ropes and giant's playground.

The activities were thrilling and challenging, and mostly at a height with a harness! It was scary for some and a breeze for others. We worked together as a team and encouraged each other to keep going!

The Camp Goodenough staff were supportive and caring and taught us skills that helped us to complete the activities.

Overall the camp was really exciting and we all had a great time!

Thank you to the staff at Camp Goodenough and to the wonderful BCHS teachers that accompanied us!

Special thank you to our Year Adviser Mrs. Robyn Sheehan. We know that it was a lot of work and planning to get us to camp and we are so grateful that we had this opportunity.

Milly Titjen, Year 7

For more photos view the Camp Goodenough 2021 photo album on our website: <https://ballina-h.schools.nsw.gov.au/gallery/camp-goodenough-2021.html#Camp%20Goodenough%202021-138>





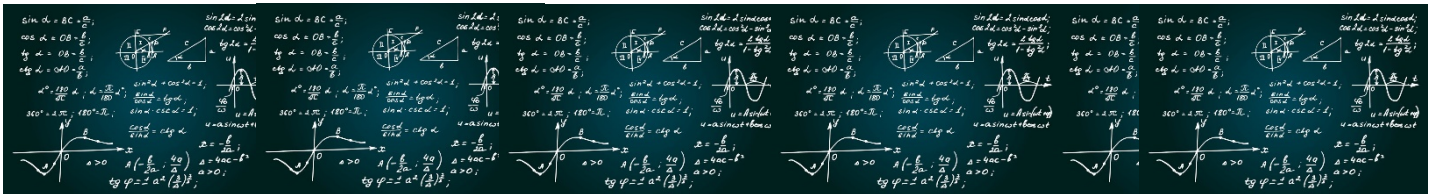
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BEV WENT PINK FOR THE MONTH OF JUNE

Those of you who visited our front office last term would have noticed the vibrant pink hair on SASS staff member, Beverly Maher. She made a pledge to **GO PINK** and raise funds for breast cancer research. Rocking pink for the whole month of June (and beyond) was not only her hair but also her outfits! She encouraged fellow staff members to all wear pink on the last day of term as a show of support. Her goal was to raise \$1000 which she exceeded, raising \$2000 in total. Love your work Bev!



We're Accelerating our Maths!

The Mathematics faculty has introduced an exciting new option for those students who have a talent for mathematics, or who just wish to strengthen their skills.

For several years now, we have permitted a small number of students (usually in Year 10) to commence studying their senior mathematics courses a year earlier than usual. This means that they have completed their HSC course at the end of Year 11, giving them more time to study their other subjects in Year 12. The one problem we have always had is how to manipulate these students' timetables so that their other subjects can fit in around their maths.

But now we've solved it... because that's what Maths people do....!!!

We have now added a Mathematics Acceleration Elective as part of the elective choices that students make for Year 9 and 10. The students who take this elective are completing the next year's course in these lessons, while continuing with their 'regular' course in their scheduled maths lessons with all the other students in the year.

This means that the Year 9 Accelerators are completing the Year 10 course, the Year 10's are going to complete their Preliminary Year 11 course and the students entering Year 11 will commence their HSC course and do their HSC exam at the end of the year.

It's been immensely successful to date. In 2021, we have the first group of Year 9 Accelerators and there were so many of them, we have formed two full classes! At the time of writing, another 50 students have chosen this elective for Year 9 in 2022.

For our talented mathematicians...it all seems to be adding up nicely!!! Mr. Stephen Bignell, HT Mathematics

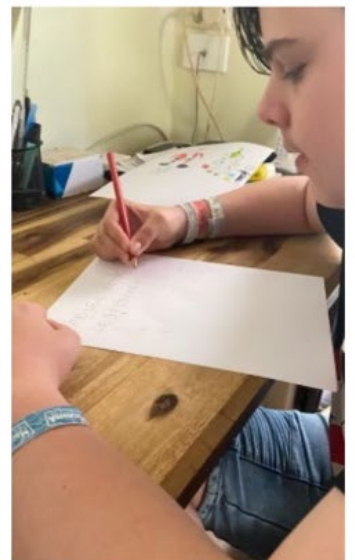


MAKING SKELETONS

Support centre students, Linc, Tanner and Linkon learnt about making skeletons and where the different bones in the body go! The boys especially loved that the skeletons were the same size as small children!



Embracing lockdown learning.



BALLINA STUDENTS PLANT A GREENER FUTURE ON LANDCARE ANNIVERSARY

Today's students at Ballina Coast High School are proving they are just as committed to the environment as the local students who first started working with Landcare twenty years ago.

Thirty Year 7, 8, 9 & 10 students celebrated the anniversary by planting a variety of coastal trees in Kingsford Smith Park in partnership with Ballina Shire Council, whose nursery is providing the stock.

Organiser and teacher librarian, Andrew Playford, says the theory of sustainability which is part of every curriculum area really comes to life with some practical hands-on extra-curricular activity.

"What our students are doing is creating a lasting benefit for the local environment," said Andrew.

"They're learning respect for the environment, improving the area and promoting the critical message of sustainability in the community all at the same time."



YEAR 8 MEETING PLACE

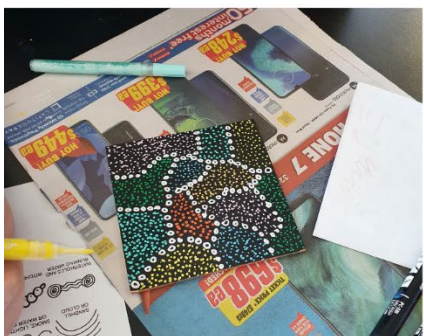
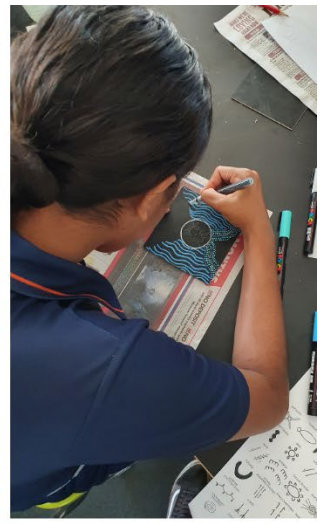
In Term 2 across English, HSIE (history) and Art, Year 8 students learnt about Aboriginal meeting places. Each person from our year group had to represent a meeting place of their choice. We had a whole day to build our meeting place. Each group built a different meeting place which was presented in NAIDOC Week. We had tables to display our meeting places to show students in Year 9 – 12 and our teachers.

On our planning day, Kris Cook, a Bundjalung language specialist was able to talk about significant local sites, connections to place and the importance of certain places in Ballina. His presentation was awesome. Huge thanks for his help. The Art teachers helped us to make a mural that represented our meeting places. It was painted with posca pens onto wooden squares. The last part of our day was working with our teachers to make our presentation.

Many thanks to Mrs Pratt, Mrs Fosterling, Mrs Carr, Mr Mather, Ms Andrews-Engle, Ms Curnow, Ms Lovegrove, Miss Milgate, Ms Fox and Mrs McDonald for making this happen. Hope we didn't miss anyone.

By Chloe, Olivia and Sharlee, Year 8





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Targeted Sports Update

The students in the TSP program finished off Term 2 with a really enjoyable competition day with Alstonville High School, using our wonderful sports facilities. The pictures show how much the students enjoyed the chance to show off their skills and progress they have made through the morning training programs.

Unfortunately, Covid-19 has caused several planned events and guest speakers to be postponed until later this year. Luckily for much of this term, training could still take place and the students have been enjoying the coaching and competition within their squads.

The Strength and Conditioning (Sporting Excellence) groups have been progressing nicely this term with students developing the hinging patterns of the deadlift and power cleans, while also developing their unilateral strength in single leg and single arm exercises. This has seen some impressive increases in strength and power.

The program for TSP Sports in 2022 will be planned and finalised in Term 4, with student and parent/carer surveys coming out to make sure we can tailor the program to meet the needs of our school community. Please keep an eye out in Term 4 for the surveys. We look forward to a quick break before Term 4 training when many athletes are in the off-season and we have a great opportunity to develop their skills and fitness for the following season.



Green Team's Chicken Shed and Sensory Garden is underway!

Stage 4 Green Team participants have been working hard this term to complete the chicken shed and commence the sensory garden project. The quality of work in the chicken shed has been outstanding and many new skills have been learnt – chicken wrangling being the most fun!

Work on the garden has commenced with the site being prepared, irrigation dug in, the tank arriving and holes being dug for the building of the arbour. Unfortunately, lockdown has stalled our work for the moment, but we will be working hard on return in an attempt to complete the project by the end of the year, with the completion of the arbour, planter boxes, a frog pond, landscaping and planting.

Thank you to all of the local business that have supported this project so far.

Thank you to all staff and students who have shown great resilience and flexibility as we navigated Term 3 lockdown. We can't wait for everyone to be back at school learning together for Term 4. Stay tuned for updates on what that will look like.

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Our school proudly stands on Bundjalung land.

